



Face Therapy Routine

Achieve radiant, healthy skin with this simple yet effective Face Therapy Routine. Designed to nourish, cleanse, and rejuvenate, these steps will leave your skin glowing and refreshed. Whether you're starting your day or unwinding at night, follow this guide for a perfect skincare regimen.



Step 1

Rub Face Therapy Oil Cleanser in a circular motion all over your face and neck. Remember, a little goes a long way!

Step 3

Spray your face and neck and allow it to air dry.

Step 2

Double wash your face with Face Therapy Cleansing Soap. (Wash, rinse, and repeat). Gently pat your face dry.

Step 4

Apply Face Serum all over your face and neck.

Additional Tips

- Twice a week, replace the cleansing soap with Turmeric Soap for extra care.
- Follow this method for both your morning and nighttime routine.
- The Cleansing Oil can also be used as a moisturizer.